



CUIDANDO ANGELES COURSE CURRICULUM

**Please see below for our
highlights we cover in our
course.**



- What is a newborn care specialist?
- Appearance and Characteristics of the newborn
- Newborn care.
- Skin, rashes and lanugo
- Breathing and reflexes
- How to hold a newborn
- Bathing newborns Diaper rash
- Circumcision or Vaginal and Umbilical Cord Care
- Shaken baby syndrome



- Circumcision or Vaginal and Umbilical Cord
- CareShaken baby syndrome
- Signs of hunger in the newborn
- Feeding schedulesHow to prepare formulaFeeding breast milk from a bottleBreast milk storage
- Allergies and intolerances
- Prolactin
- Oxytocin
- Mastitis



- Supply problem and how to drive low supply
- paced feeding bottle feeding to the rhythm of the baby
- union of the frenulum
- cleft lip and palate
- Safe sleep (for babies) SIDS Sudden infant death syndrome
- Prepare the baby's room
- White noise machines
- Swaddle -Wrap How and when to stop
- Overview of the different sleep methods



- Overview of the different sleep methods
- Essential in the baby's room
- Day and night schedules of the baby
- Stages of prematurity
- Corrected age
- Difference between NICU and PICU



- Special care for premature babies
- Sensory stimulation
- Medical devices
- TwinsRisk factor's
- In vitro fertilizationTwins
- Feeding multiples
- Vomiting and jaundice
- ColicRefluxStiff neck
- C-Section issues (cesarean section)Baby



- Baby blues
- Postpartum depression symptoms
- RUNNING YOUR NCS BUSINESS



Questions for NCS?

At Cuidando Angeles we want to guide you every step of the way with all the guidance and resources you need to start your journey on becoming a certified Newborn Care Specialist.

If you have any questions please contact us at ncs.cuidandoangeles@gmail.com